

2024 World Rowing Indoor Championships presented by Concept2

SAFETY GUIDELINES



IMPORTANT INFORMATION AND CONTACTS:

Onsite OC Doctor: Veronika Bartoňová, +420 731 272 404

Nearest hospital: Fakultní nemocnice Bulovka, Budínova 67/2, Praha 8 Libeň, +420 266 081 111 (4 km, 10 minutes from the Venue)

Emergency number: 112

(European emergency number that you can call free of charge throughout the European Union. You call directly to the components of the rescue system – Police, Emergency Medical System and Fire Brigade)

All members of the Organizing Committee, World Rowing, Jury, NTO, Volunteers and Attendees must abide by the **Safety Procedures** of the O₂ universum hall:

<https://www.o2universum.cz/en/for-visitors-2/rules-for-visitors/?lang=en>

FIRE:

In case of fire

- Fire alarm is announced by evacuation broadcasting system.
- All broadcast music will stop automatically in order to hear the fire alarm signals and voice communication announcements.
- **All persons are obliged to obey the instruction given through the evacuation broadcasting system during fire alarm.**

- All events currently in progress are to stop immediately.
- Clear the Field of Play, Warm up area and any offices of all occupants.
- Direct athletes to retrieve their clothing and prepare for a possible evacuation.
- Advise occupants including Public and Athletes to be prepared for possible evacuation.
- Be aware of and be prepared to assist any persons who may require assistance to evacuate.
- All persons present within the endangered section are obliged to evacuate immediately in line with the evacuation plan of the Building using marked escape routes. Everyone must obey the instruction of persons in charge of the evacuation and, after arrival of the Fire Brigade, the instructions of the fire chief.

Steps to be taken by person who notices a fire and fire reporting point:

- Anyone who observes a fire that they are capable of extinguishing on confine their own must immediately do so using all available material fire-fighting means and equipment (portable fire extinguishers, hydrants).
- Everyone is obliged to take all necessary measures to rescue any persons in danger and to provide them with personal help in connection with fire-fighting.

A notice fire can be reported in person at fire reporting point at the Security Control Room or to a fire patrol member, using electric fire alarm button or by telephone to 266 771 011.

MEDICAL EMERGENCIES:

Rowing is a difficult strength endurance sport that often puts an athlete into some respiratory distress when they are pulling at their maximum effort. They will sometimes fall off the erg at the end of the race or be gasping for breath. Most will recover quickly but there are times when greater intervention is required.

For the 2024 World Rowing Indoor Championships presented by Concept2 is strongly recommended that athletes undergo the WR Pre-competition Health Screening.

OC Doctor and Paramedic Team will be stationed directly on the **Field of Play** behind the competition ergs (please see the Venue map) to be able determine the immediate need of the Athletes in distress. The Volunteers will assist if needed. The same applies to **Warm up/Cool down** area which will be also patrolled by the Paramedics.

If there is an issue with an Athlete during or after the race, the Race Officials / Umpires who will be monitoring each lane will wave two hands overhead to alert the Paramedic Team.

If an Athlete indicates that they have asthma, breathing problems or uses a puffer the Lane Official will alert the Paramedic Team before the race begins.

MEDICAL ISSUE:

Keep the area clear for Paramedics to work. No parents, coaches or others are allowed in the area. Paramedics are responsible for the assessment and handling of the Athlete. Transport via ambulance for further medical treatment is the decision and responsibility of **the Paramedic Team and OC Doctor**.

The Chief Technical Official will liaise with the Coach responsible for the Athlete.

The Lane Official/Umpire will ensure that the 2024 WRICH Incident Report Form is completed and passed to the President of the Jury.

RECOVERY:

Recovering Athletes will be monitored by the Paramedic Team in Emergency Point close to the racing area or at the Medical Room as necessary.

If the athlete is fully conscious and actively participating with the Paramedic Team, they should be encouraged and assisted to the designated **Recovery Area**.

There is a separate **Recovery Area** with chairs, mats and camp cots available behind the Field of Play exit for any Athlete who requires a prolonged recovery time (please see the map.)

GENERAL PROCEDURES:

1. Provide first aid to the level of your training. The first person to respond to, or be informed of, the situation will be the primary rescuer until the Paramedics are on scene. **AED's are situated in the Emergency Point on The Field of Play.**

2. Enlist bystanders and seek assistance if necessary to deal with the situation until paramedics arrive.

3. If the victim is seriously injured Paramedics will call **155** for ambulance dispatch.

4. When someone under the age of 18 is not seriously injured and medical attention is not of extreme urgency, Paramedics will contact the parents and have them take the victim to the hospital.

If the parents are unavailable and the injured participant's alternate emergency number cannot reach an authority figure, Paramedics may call for an ambulance. If an ambulance is called, staff should continue to attempt to reach parents so they can be informed. The hospital will also attempt to contact the parents.

5. All incidents require the completion of an Incident Report Form that will be retained by the President of the Jury and World Rowing.

OTHER THREATS:

Please use common sense and be aware of your surroundings. Report any concerns to the nearest facility staff.

If the facility is to be evacuated for any other reason, please follow the directions Safety Wardens and Staff to evacuate via the closest safe emergency exit to the exterior of the building.

SAFE GUARDING:

The 2024 WRICH adheres to all WR and RCA policies of policies of Safeguarding and Abuse Free Sport for all participants. Any concerns should be reported to the Safeguarding Officer: **Mrs. Jana Hellerova, phone: +420 728 800 787, email: sebestovaj@seznam.cz.**